



The Stockwell Centre Annual Lecture 2019

Therapeutic Conversations, Attachment and the new science of psychotherapy

Presented by Professor Jeremy Holmes

Friday
31 May
2019

7pm - 9pm

FirstSite
Lewis Gardens
High Street
Colchester
CO1 1JH

Tickets £15

CPD Certificate
of Attendance
available
on request

Psychotherapy is in essence a specialised form of conversation. Based on findings from the Strange Situation and the Adult Attachment Interview, attachment research suggests that secure attachment reflects a specific type of dialogue, characterised by mentalising and epistemic trust.

Contemporary neuroscience suggests that the brain itself engages in 'conversation' between 'top-down' preconceptions (transferences) and 'bottom-up' attentional input and action, and that psychopathology results where these conversations are inhibited or perverted. Implications for psychotherapy practice will be explored.

Jeremy Holmes MD FRCPsych is visiting Professor at the University of Exeter, and author of numerous papers and books in the field of psychoanalytic psychotherapy and attachment, including John Bowlby and Attachment Theory (2nd edition, Routledge 2013), The Therapeutic Imagination (Routledge 2014), and Attachment in Therapeutic Practice (SAGE 2017, with Arietta Slade).

For further information and tickets please contact Marion at
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